

Micro-immunotherapy

Diseases are often caused by microbes (bacteria, viruses, fungi), allergens (e.g. pollen, dust mites) or the body itself (e.g. autoimmune and degenerative diseases, cancer, etc.). Many are due to a combination of several of them.

To defend ourselves against these aggressions, our body has an effective tool: the **immune system**. As soon as it detects a disease-causing agent, the messengers of our natural immunity, cytokines (interleukins, interferons, growth factors...) interact with immune cells and coordinate our defence mechanisms.

However, sometimes our immune system may be altered and requires to be rebalanced. In these cases, **micro-immunotherapy** can be applied.

Composition and specificities of the micro-immunotherapy medicines

The **micro-immunotherapy** medicines are intended to regulate or support the immune system.

They contain cytokines and nucleic acids (DNA, RNA, SNA) in low and ultra-low doses, prepared using a dilution-dynamisation process, which ensures a good tolerance to the treatment. The sequential order of the capsules closely reproduces the physiological mechanisms of our body.

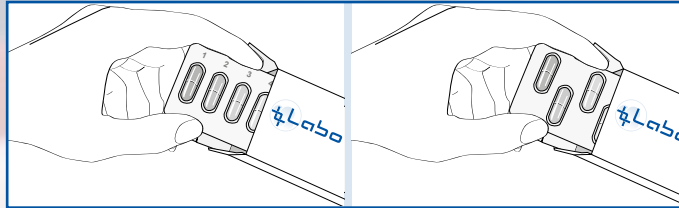
These substances, which are administered under the tongue (oromucosal administration), are taken up by the lymphatic system, which is particularly dense in the sublingual mucosa.

How should you take micro-immunotherapy medicines?

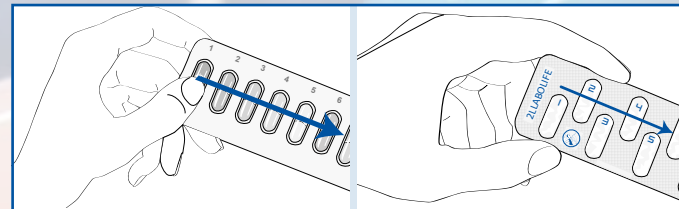
It is important to respect the following steps to ensure that you take your micro-immunotherapy medicines correctly.

The presentation of the blister pack may vary depending on the medicine: please follow the instructions corresponding to your blister pack.

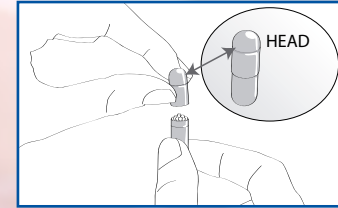
1. Take one of the three blisters out of the box.



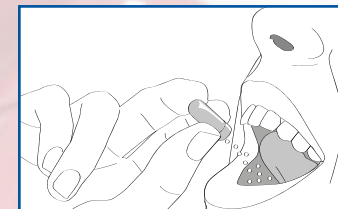
2. Take one hard capsule respecting the order.



3. Carefully open the hard capsule by pulling its head.



4. Pour the content of the hard capsule under the tongue and allow to melt.



When should you take the medicine?

- The medicine should be taken on an empty stomach, 15-30 minutes prior to the morning meal*. If this is not possible, please take it one hour after the meal.
- In the case of prescription of several capsules of a micro-immunotherapy medicine per day or prescription of several micro-immunotherapy medicines, you should space out the intakes throughout the day, always respecting the numerical order of the capsules for each medicine and the medical advice. For example: one intake in the morning on an empty stomach, and leaving at least two hours between the following intakes, away from meals.

*Exception: 2LSLEEPREG should be taken at night, before going to bed, about one hour after the evening meal.

What should you do if you forget to take a capsule?

If you forget to take a capsule, take the content of the capsule one hour after the next meal. Do not compensate by taking two capsules.

What should you do if you take the capsules in the wrong order?

If you take one of the capsules in the wrong order, continue with the treatment by taking the capsules in numerical order from the last capsule taken.

What is the usual posology?

The usual posology is one capsule per day, in the morning, on an empty stomach. Occasionally, on medical advice, the rhythm of the sequential intake can be accelerated, but the order of the capsules (from 1 to 10) must be strictly respected. Always follow your doctor's or pharmacist's dosing instructions carefully.

What do I need to avoid?

Please avoid drinking coffee or tea or using mint-based products before taking micro-immunotherapy medicine. If there is any known hypersensitivity to any of the active substances or any of the excipients contained in the medicine, such as lactose or saccharose, please consult your doctor prior to taking the treatment.

How do I need to store the medicine?

You need to store it in the original packaging at a temperature not exceeding 25 ° C, away from light and moisture. Like all medicines, keep it out of the sight and reach of children.

What is the usual duration of a micro-immunotherapy treatment?

In order to regulate or support the immune system effectively, micro-immunotherapy treatment may be taken from a few days to several months. For some chronic diseases, a long-term treatment may be given.

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Responsible Editor: Labo'Life Belgium - September 2018



Patient information

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medicines

